

# MAY | 2023



**Elementary Lunch \$3.25 Reduced \$.00 Extra Milk \$.50 Extra Entrée: \$2.00 Adult \$5.15**  
**Pizza days: Cornell = Monday, Hiawatha = Tuesday, Central Montessori = Thursday, Bennett Woods = Friday**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>1</b> Italian Calzone Marinara Sauce Broccoli Bites Diced Pears Nutrition Bar</p>	<p><b>2</b> Breakfast Pizza Turkey Sausage Links Cauliflower Bites Peach Cup Nutrition Bar</p>	<p><b>3</b> Tangerine Chicken White Rice Celery Sticks Apple Slices Nutrition Bar</p>	<p><b>4</b> Mac and Cheese Tater Tots Biscuit Sugar Snap Peas Mixed Fruit Nutrition Bar</p>	<p><b>5</b> <u>School Lunch Hero Day!</u>  Chicken Tenders Fiesta Beans Romaine Salad Strawberry Cup Nutrition Bar</p>
<p><b>8</b> French Toast Bites Turkey Sausage Links Cucumber Slices Mandarin Oranges Nutrition Bar</p>	<p><b>9</b> Hamburger/Cheeseburger Potato Wedges Broccoli Bites Orange Slices Nutrition Bar</p>	<p><b>10</b> Grilled Cheese Romaine Salad Apple Slices Nutrition Bar</p>	<p><b>11</b> Mozzarella Sticks Marinara Sauce Corn Diced Peaches Nutrition Bar</p>	<p><b>12</b> Beefy Nachos with Cheese Sauce Refried Beans Mini Sweet Peppers Grapes Nutrition Bar</p>
<p><b>15</b> Chicken Bites Mashed Potatoes Biscuit Banana Nutrition Bar</p>	<p><b>16</b> Cheesy Lasagna Roll Up Breadstick Cauliflower Bites Mixed Fruit Nutrition Bar</p>	<p><b>17</b> Cereal Blast Waffle Syrup Veggie Sausage Patty Baby Carrots Strawberry Cup Nutrition Bar</p>	<p><b>18</b> Mini Chicken Corn Dogs Sweet Potato Fries Mini Sweet Peppers Orange Slices Nutrition Bar</p>	<p><b>19</b> Penne Pasta with Alfredo Breadstick Cucumber Slices Grapes Nutrition Bar</p>
<p><b>22</b> Cheesy Pull Aparts Marinara Sauce Orange Slices Nutrition Bar</p>	<p><b>23</b> Turkey With Gravy Sweet Potato Fries Sugar Snap Peas Diced Peaches Nutrition Bar</p>	<p><b>24</b> Crispy Chicken Sandwich Baked Beans Baby Carrots Mixed Fruit Nutrition Bar</p>	<p><b>25</b> French Toast Sticks Syrup Turkey Sausage Links Broccoli Mandarin Oranges Nutrition Bar</p>	<p><b>26</b> Bosco Sticks Marinara Sauce Green Beans Watermelon Nutrition Bar</p>
<p><b>29</b> Memorial Day No School K-12</p>	<p><b>30</b> Soft Pretzel Cheese Sauce California Vegetables Fresh Strawberries Nutrition Bar</p>	<p><b>31</b> Walking Tacos with Cheese Sauce Refried Beans Mini Sweet Peppers Grapes Nutrition Bar</p>	<p><b>1</b> Mini Cinnis Veggie Sausage Patty Cucumber Slices Diced Pears Nutrition Bar</p>	<p><b>2</b> Tangerine Chicken White Rice Romaine Salad Apple Slices Nutrition Bar</p>

## News

**\*\*Due to supply chain issues menus are subject to change based on availability.**

**Breakfast Served Daily**  
8:15 – 8:45 in the cafeteria  
**\$2.00 Full Pay – Reduced \$.00**

**Deposits To Accounts**  
View your student's account or add money to it online at [familyportal.cloud](https://familyportal.cloud) (fees apply). Student ID's were sent in emails from "Meal Magic" to all parents. You can also send a check or cash to school with your student.

**FUN LUNCH**  
Offered each day. Includes a choice of 2 grain items with yogurt and string cheese.

**Nutrition Bar**  
A ½ cup serving of fruit or vegetable must be taken with each meal. Romaine, carrots, broccoli, baby carrots and fruit offered daily.

**Milk Included with each meal:**  
FF, 1% White, or FF chocolate.

**Meal Assistance**  
Applications for meal assistance are available online at [www.lunchapp.com](http://www.lunchapp.com) or a paper copy at all schools. The information provided is confidential as is approval.

**Negative Meal Account Balances**  
All negative account balances must be paid by the end of the school year on June 9<sup>th</sup>. Emails about negative balances go out periodically, please check spam folders. Questions? Please call 517-706-5016.